



# *Agenda*

**August 17-18, 2024**

**Sheraton Niagara Falls  
300 3rd St.  
Niagara Falls, NY 14303**

# Agenda

Saturday, August 17, 2024



Room:	1	2	3	4
7:00 a.m.	Registration			
7:00 a.m. - 8:00 a.m.	Breakfast			
8:00 a.m. - 8:30 a.m.	Welcome OCFS: N/A Location			
8:30 a.m. - 9:30 a.m.	CSEA/VOICE Joining Together to Shape Our Future OCFS: 3, 5			
9:30 a.m. - 9:45 a.m.	Break / Visit Vendors			
Morning Training Session (choose 1)	9:45 a.m. - 11:15 a.m. <b>Advocating For Family Child Care and OCFS Updates</b> Denise Dowell and CSEA/VOICE OCFS: 3,5	<b>The Aspire Registry for Leaders: Tools and Resources for Family Child Care Providers</b> Aspire OCFS: 3, 5, 7	<b>How to Manage Stress in Your Home Day Care Program</b> Bonita Whitlock OCFS: 3, 4, 5	<b>Getting Organized (Part 1)</b> CSEA/VOICE OCFS: 3, 5, 7
11:15 a.m. - 11:30 a.m.	Break / Visit Vendors			
11:30 a.m. - 12:30 p.m.	Lunch - Member Benefits/Ally/Log A Tot			
12:30 p.m. - 1:00 p.m.	Break / Visit Vendors			
Early Afternoon Training Session (choose 1)	1:00 p.m. - 2:30 p.m. <b>Protecting Your Program from Allegations of Abuse and/or Neglect</b> Sharon Woodward OCFS: 1, 4, 6	<b>From Burnout to Balance: Self-Care Strategies for Child Care Professionals</b> Jamie Rackl OCFS: 2, 10	<b>Child Care Time and Attendance (CCTA)</b> CSEA/VOICE OCFS: 5	<b>Getting Organized (Part 2)</b> <i>MUST ATTEND GETTING ORGANIZED PART 1</i> CSEA/VOICE OCFS: 3, 5, 7
2:30 p.m. - 2:45 p.m.	Break			
Late Afternoon Training Session (choose 1)	2:45 p.m. - 4:15 p.m. <b>Power of Purpose: Inspiration and Education For Reimagining Your Business and Changing Your Mindset</b> Ke'Shon Mack-Brown OCFS: 3	<b>Elements of a High Quality Program</b> Quality Stars OCFS: 3	<b>Is Your Program Ready for NAFCC Accreditation?</b> CSEA/VOICE OCFS: 2, 4	<b>Responding to Opioid Overdose: Naloxone Rescue Training</b> Department of Health OCFS: 2, 4
4:15 p.m. - 4:30 p.m.	Break			
Closing Keynote	4:30 p.m. - 5:30 p.m. <b>CSEA/VOICE Legal Representation</b> Jonathan Johnson OCFS: 4, 5, 7 Location			



Room:		1	2	3	4
	7:00 a.m. - 8:00 a.m.	<b>Breakfast</b>			
<b>Keynote Session</b>	8:00 a.m. - 9:00 a.m.	<b>Cultivating Leadership in Children</b> Jeanine Fitzgerald <b>OCFS: 1, 3</b> <b>Location</b>			
	9:00 a.m. - 9:30 a.m.	<b>Break/ Check out</b>			
<b>Training Session (choose 1)</b>	9:30 a.m. - 11:00 a.m.	<b>Literacy and Learning at All Ages and Stages</b> Jamie Rackl <b>OCFS: 1, 3</b>	<b>Put it in Writing</b> CSEA/VOICE <b>OCFS: 4, 5, 7</b>	<b>When Best Intentions Backfire: Eco Friendly Child Care</b> Sue Kowelski <b>OCFS: 2, 4</b>	<b>Do Not Fix or Change Me</b> Jeannine Fitzgerald <b>OCFS: 1</b>
	11:00 a.m. - 11:15 a.m.	<b>Break</b>			
<b>Closing Keynote</b>	11:15 a.m. - 12:15 p.m.	<b>Creating Your Own Narrative</b> Sharon Woodward <b>OCFS: 1, 3, 4, 5</b> <b>Location</b>			
<b>Closing Ceremony</b>	12:15 p.m. - 12:45 p.m.	<b>Closing Conference and Raffles</b>			

### OCFS Topic Key:

- |  |  |
|--|--|
| 1 Child Development  | 7 Statutes & Regulations pertaining to Child Day Care            |
| 2 Health & Nutrition   | 8 Statutes & Regulations pertaining to Child Abuse               |
| 3 Program Development  | 9 Shaken Baby Syndrome   |
| 4 Safety & Security  | 10 Adverse Childhood Experiences - trauma & nurturing resiliency |
| 5 Business Records & Maintenance Management                  |  |
| 6 Child Abuse and Maltreatment Identification and Prevention |  |



7:00 a.m. – Registration

7:00 a.m. – 8:00 a.m. – Breakfast

8:00 a.m. – 8:30 a.m. (Welcome)

8:30 a.m. – 9:30 a.m. (Plenary)

### **CSEA/VOICE – Joining Together to Shape Our Future**

OCFS Topic Code: 3-Program Management, 5-Business Records & Maintenance

*Traducción al español en vivo disponible.*

**Description:** How did we get here and where are we going? Learn about the battles we fought and the battles we overcame to create a more stable child care profession for home based child care providers across NY State.

**Presenters:** Denise Dowell, Ben Gordon, Bob Compani, Pam Wells

9:45 a.m. – 11:15 a.m. (choose one)

### **Advocating For Family Child Care and OCFS Updates**

OCFS Topic Code: 3-Program Management, 5-Business Records & Maintenance

*Traducción al español en vivo disponible.*

**Description:** This session will include an overview of advocacy in family child care at local, state, and national levels with a focus on New York's state supervised – county administered system. Participants will learn the basics of developing an effective strategy, starting with an understanding of who makes what decisions at state and national levels. We will also share new updates from OCFS in regard to the Child Care Assistance Program.

**Presenter:** Denise Dowell, Ph.D, respected and accomplished national early childhood education policy and advocacy expert, former CSEA Director of Childcare Programs; and CSEA/VOICE

### **The Aspire Registry for Leaders: Tools and Resources for Family Child Care Providers**

OCFS Topic Codes: 3-Program Management, 5-Business Records & Maintenance Management, 7-Statutes and Regulations

*No hay traducción disponible.*

**Description:** This workshop provides an overview of The Aspire Registry- New York's workforce registry for early childhood professionals and New York Works for Children- the state's integrated professional development system to Early Childhood Program leaders who provide

supervision and support to teaching staff During this interactive presentation, we will walk you through The Aspire Registry system and provide an overview of the many resources available to registry members and leaders; including how to find and request high quality professional development through the PD Finder, track training to meet licensing requirements and support teaching staff with annual performance reviews, and learn how to effectively administer an organization account as a program management tool.

**Presenter:** Aspire

### **How to Manage Stress in Your Home Day Care Programs**

OCFS Topic Code: 3-Program Management, 4-Safety & Security, 5-Business Records & Maintenance Management

*No hay traducción disponible.*

**Description:** This workshop is designed to implement effective strategies for managing your business. We will employ a combination of organizational skills, self-care practices, and efficient communication. I will introduce techniques to help you run a robust program, ensuring you can establish routine and organization. Additionally, we'll focus on creating a support team to help manage the workload.

**Presenter:** Bonita Whitlock



## 9:45 a.m. – 11:15 a.m. (choose one) (continued)

### Getting Organized - PART 1

OCFS Topic Code: 3-Program Management, 5-Business Records & Maintenance, 7-Statutes and Regulations

*Traducción al español en vivo disponible.*

**Description:** Child care providers are responsible for a lot of paperwork. This workshop will help

participants get and stay in compliance with the Office of Children and Family Services, Child Care Assistance Program and Child and Adult Care Food Program regulations and procedures. Tips will be shared to set up a system that will make it easier for providers to manage documents.

**Presenter:** CSEA/VOICE

## 1:00 p.m. – 2:30 p.m. (choose one)

### Protecting Your Program from Allegations of Abuse and/or Neglect

OCFS Topic Code 1-Principles of Childhood Development, 4-Safety & Security, 6-Child Abuse and Maltreatment Identification and Prevention

*Traducción al español en vivo disponible.*

**Description:** Providers are frequently told the best way to protect themselves against this type of allegation is “don’t abuse and neglect children”. Unfortunately, it’s not that simple. Many providers who have not abused or neglected children find themselves totally unprepared for these types of allegations. This workshop will offer providers effective tools and strategies that can help them avoid false allegations. In addition, providers will receive information about ways to mitigate the potential damage these types of allegations and subsequent investigations often cause.

**Presenter:** Sharon Woodward, Executive Director of Woodward Consulting, More than 50 years working in child care, former center director, now provides training, advocacy and consultation, published author.

nurturing yourself. Gain valuable insights, tools, and strategies to prioritize your well-being while creating a positive impact on the children you care for. This workshop is your roadmap to reclaiming joy, resilience, and fulfillment in your vital role as a childcare professional.

**Presenter:** Jamie Rackl, Corporate Trainer

### Child Care Time and Attendance (CCTA)

OCFS Topic Code 5-Business Records & Maintenance

*No hay traducción disponible.*

**Description:** Learn how to use the Child Care Time and Attendance to submit attendance for the Child Care Assistance Program. Save time by using on-line attendance submittal.

**Presenter:** CSEA/VOICE

### From Burnout to Balance: Self-Care Strategies for Child Care Professionals

OCFS Topic Codes: 2-Health & Nutrition, 10-Adverse Childhood Experiences - trauma & nurturing resiliency

*No hay traducción disponible.*

**Description:** This is an empowering workshop designed exclusively for childcare professionals. In this interactive session, discover practical self-care techniques tailored to meet the unique demands of caring for young minds. Learn how to navigate stress, prevent burnout, and cultivate a sustainable balance between nurturing others and

### Getting Organized PART 2 (MUST ATTEND GETTING ORGANIZED PART 1)

OCFS Topic Codes: 3-Program Management, 5-Business Records & Maintenance Management, 7-Statutes and Regulations

*Traducción al español en vivo disponible.*

**Description:** Child care providers are responsible for a lot of paperwork. This workshop will help participants get and stay in compliance with the Office of Children and Family Services, Child Care Assistance Program and Child and Adult Care Food Program regulations and procedures. Tips will be shared to set up a system that will make it easier for providers to manage documents.

**Presenter:** CSEA/VOICE



## 2:45 p.m. – 4:15 p.m. (choose one)

### **Power of Purpose: Inspiration and Education for Reimagining Your Business and Changing Your Mindset**

OCFS Topic Code 3-Program Management  
*Traducción al español en vivo disponible.*

**Description:** Participants will learn about 5 key ideas that revolve around the transformative power of purpose in our lives. Participants will be ignited with a deep sense of motivation, fulfillment and resilience which are key skills needed to help them change their mindset about their business.

**Presenter:** Ke'Shon Mack-Brown, Leadership Coach/Speaker/Trainer/Consultant

### **Elements of a High Quality Program**

OCFS Topic Code 3- Program Management  
*No hay traducción disponible.*

**Description:** This course will provide program leaders with an overview of the QUALITYstarsNY Standards. Participants will learn about the importance of quality programming in producing positive outcomes for children and how QUALITYstarsNY Standards can be used to guide quality improvement efforts. Through large and small group discussion, as well as small group activities, participants will have the opportunity to explore each section of the QUALITYstarsNY Standards, share ideas for high quality programming and learn about the resources QUALITYstarsNY provides to support quality improvement

**Presenter:** Quality Stars

### **Is Your Program Ready for NAFCC (National Association for Family Child Care) Accreditation?**

OCFS Topic Codes: 1-Principles of Childhood Development, 4-Safety & Security, 5-Business Records & Maintenance Management  
*No hay traducción disponible.*

**Description:** The training session will cover how to become accredited through the National Association for Family Child Care. It is an overview of the accreditation program and the steps required for accreditation.

**Presenter:** CSEA/VOICE

### **Responding to Opioid Overdose: Naloxone Rescue Training**

OCFS Topic Codes: 2-Nutrition & Health, 4-Safety & Security  
*Traducción al español en vivo disponible.*

**Description:** The Naloxone (NARCAN) training course will teach CSEA/VOICE members the signs and symptoms to recognize an opioid overdose and will train on how to properly administer the opioid overdose reversal drug Naloxone. This training will also review the possible reactions of the individual once the NARCAN has been administered so they can be prepared for the possible reactions that may occur, and to recognize other potential health hazards, for example needle sticks and blood exposures, that may be present in the treatment area.

**Presenter:** Department of Health

## 4:30 pm – 5:30 p.m.

### **CSEA/VOICE Legal Representation**

OCFS Topic Codes: 4-Safety & Security, 5-Business Records & Maintenance Management, 7-Statutes and Regulations.  
*Traducción al español en vivo disponible.*

**Description:** Come learn about your rights as a child care provider during inspections, OCFS enforcements, and CPS allegations. Learn how to protect yourself and your program and what services are available through our legal department.

**Presenter:** Jonathan Johnson



7:00 am – 8:00 a.m. – Breakfast

8:00 a.m. – 9:00 a.m. – Keynote (plenary)

### **Cultivating Leadership in Children**

OCFS Topic Codes: 1-Principles of Childhood Development, 3-Program Management  
*Traducción al español en vivo disponible.*

**Description:** Leadership is the ability to influence in ways that facilitates or undermines the development and learning of those being influenced. It begins with the vision of transforming lives in the best possible ways and teaching our children the skills and attitudes they need to transform their own lives toward their personal definition of success. Some of these skills are solving problems, communicating effectively, becoming responsible and trustworthy, and making wise choices. This keynote will explore how to raise children up to lead.

**Presenter:** Jeanine Fitzgerald

9:30 a.m. – 11:00 a.m. (choose one)

### **Literacy and Learning at all Ages and Stages**

OCFS Topic Codes: 1-Principles of Childhood Development, 3- Program Management  
*No hay traducción disponible.*

**Description:** An engaging and comprehensive workshop tailored for childcare providers seeking to foster literacy development in children. This workshop spans all developmental stages, offering insights into age-appropriate literacy activities, strategies, and techniques to encourage language acquisition, reading readiness, and a love for learning in young minds. Participants will explore diverse approaches to integrate literacy seamlessly into daily routines, catering to the unique needs and interests of children at different developmental milestones. With practical tools and guidance, attendees will leave equipped to create enriching literacy environments that nurture a lifelong passion for reading and learning in the children they care for.

**Presenter:** Jamie Rackl, Corporate Trainer

### **Put it in Writing**

OCFS Topic Codes: 4-Safety & Security, 5-Business Records & Maintenance Management, 7-Statutes and Regulations  
*Traducción al español en vivo disponible.*

**Description:** This session will enable providers to establish a business relationship with parents, identify the key elements of policies and procedures, and enforce agreements with parents.

**Presenter:** CSEA/VOICE

### **When Best Intentions Backfire: Eco Healthy Child Care**

OCFS Topic Codes: 2-Nutrition & Health, 4-Safety & Security  
*No hay traducción disponible.*

**Description:** With every good intention, we do what we think is best for children. That said, we don't know what we don't know until somebody tells us. We may backfire and potentially harm children's health by unwittingly exposing them to toxins in our early childhood environment, just because nobody told us. This workshop will share strategies to protect children from environmental harm based on standards of the national EcoHealthy Child Care program. Cleaning supplies, art materials, and more will be discussed in this interactive session.

**Presenter:** Sue Kowaleski





### 9:30 a.m. – 11:00 a.m. (choose one) (continued)

#### Do Not Fix or Change Me

OCFS Topic Code 1-Principles of Childhood Development

*Traducción al español en vivo disponible.*

**Description:** Everyone misbehaves, and this does not doom us to a life of failure. Whether the behavior is developmental or challenging, it is not the problem. All behaviors are symptoms of an unsolved problem. Often that unsolved problem is an unmet need. Since needs are the motivators of all behavior, this session will look at the myriad of needs children bring to our attention and effective approaches to moving beyond symptoms. The principle states, “Do not fix or change me, I am not broken. Instead understand me and teach because I am full of greatness.”

**Presenter:** Jeanine Fitzgerald

### 11:15 a.m. – 12:15 p.m. (closing keynote)

#### Creating Your Own Narrative

OCFS Topic Codes: 1-Principles of Childhood Development, 3-Program Management, 4-Safety & Security, 5-Business Records & Maintenance Management

*Traducción al español en vivo disponible.*

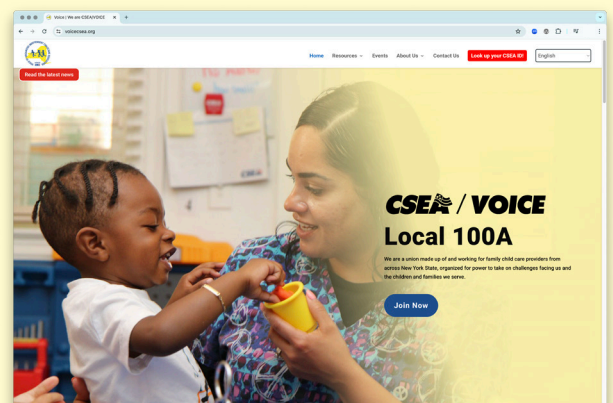
**Description:** Family and group childcare provider offer a unique and often superior service. Providers, who are self-employed, are currently facing an extremely competitive early childcare environment. Unfortunately for too long family childcare providers have been led to believe that in some imaginary early childcare hierarchy they are at the bottom of the pyramid. Their service is somehow not as valuable as other categories of childcare. This is simply not true. It's time for family childcare providers to take back the narrative that defines their profession. This workshop will provide strategies to empower family and group providers.

**Presenter:** Sharon Woodward, Executive Director of Woodward Consulting, More than 50 years working in child care, former center director, now provides training, advocacy and consultation, published author.

## We have a new website!

- Streamlined navigation
- Extended contract, training, and benefits information
- Directory of Chapter Representatives and Staff
- Interactive map to find your chapter
- Many features for providers to learn who we are and Join!
- Updated look with photos of our members in action
- News section with a search option
- History of our union
- Learn more about our Union!

[voiccecsea.org](http://voiccecsea.org)





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